



MEDICAL MOMENTS

BPPV is **NOT BENIGN!**

What is BPPV?

Benign Paroxysmal Positional Vertigo (BPPV) is a condition where parts of the Macular bed are degrading.

How important is a healthy Macular bed?

1. It controls the balance of the eyes when you are moving side-to-side to keep vision clear.
2. It keeps the eyes level when your head is tilted left and right.
3. It controls the position of your head on your neck and shoulders to allow clear vision and postural stability of your head.
4. It sends messages to the brain about orientation to the ground through gravity when you are upright and moving.
5. It controls blood pressure to the head when you are bending over, sitting, standing, walking and running.

At FYZICAL, we look at the entire person—the patient is evaluated completely for what is called BPPV+, or an underlying vestibular pathology (called vestibulopathy) that could cause ongoing symptoms of dizziness (blurred vision, lightheadedness, disequilibrium, and fear of falling). In many studies, as much as 2/3rds of patients with BPPV have on going balance issues that need therapy.

FYZICAL[®] SERVICES

- Balance, Dizziness & Fall Prevention
- Pediatrics - OT, PT & SLP
- Orthopedic Rehab
- Occupational & Hand Therapy
- Sports Rehab
- Fitness & Wellness
- Speech Therapy
- Neurological Rehab
- Auto/Work Injuries
- Foot & Ankle Therapy
- Massage & Myofascial Therapy

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